



Couples Resource  
Collective

"Your partner in counseling"

# Interpersonal Relationships and Connection



This is an in-person group for all who identify as women that are looking to build on their interpersonal relationship skills and work on creating new connections.

Starting 10/4  
Wednesdays 4:30-5:30pm  
900 Fulton Ave  
\$25/session

## Focuses

Romantic Relationships

Ongoing Support

Goal Setting

Friendships

Positive Mindset

Loved Ones

With psychoeducation and the support of others in the group, start moving in the direction of a happier, more fulfilled you!

Contact:

Amanda Whitten, Associate Professional Clinical  
Counselor APCC 11379

Under the supervision of William Schult LMFT 111556



916-877-9505 [awhitten@couplesrc.org](mailto:awhitten@couplesrc.org)